Dyadic Developmental Psychotherapy (DDP): Level Two

Four day training with Dr Sian Phillips (Canada)

DDP Level 2

This four-day (28 hour) Level Two Dyadic Developmental Psychotherapy (DDP) training further develops the Level One DDP material Compass Seminars has offered over the last few years.

On completion of this training you can describe yourself as: 'developing my use of the DDP principles within my practice' and you become eligible to apply to become certified as a Dyadic Developmental Practitioner via the practicum pathway. DDP Level Two training is open to anyone who has completed Level One DDP training and will be of particular interest to professionals who support children and young people who have experienced developmental trauma (social workers, psychologists, residential workers, psychiatrists, carers, and other related professionals).

DDP is based on and brings together attachment theory, what we understand about developmental trauma, the neurobiology of trauma, attachment and caregiving, intersubjectivity theory and child development. It focuses on facilitating the child's readiness and ability to establish a secure attachment with their caregivers and is family-based. It is called Dyadic Developmental Psychotherapy both to focus attention on the importance of reciprocity in parenting, caregiving and therapy, but also to draw attention to the fact that abuse, neglect and trauma can seriously impact on the child's development.

Core components of this Level Two programme will include:

1. Building on the foundation knowledge gained in Level One, including:

- The evidence base behind DDP and the latest neuropsychological research relating to attachment and caregiving behaviours.
- Establishing and maintaining a therapeutic alliance with parents, caregivers and other involved professionals.
- The main similarities and differences between attachment-focused treatment and other treatment models.
- The key components of attachment-focused supervision and training.

2. Further developing the foundation skills taught in Level One, including:

- The opportunity to reflect and receive feedback on practice since the Level One training.
- Role play with feedback from Hannah.
- Discussion and supervision in small group forums.
- Small group work around attachment histories of the therapists.
- Reviewing and reflecting on actual recordings of therapeutic sessions (this will include Hannah's recordings but participants are also encouraged to bring recordings of their own DDP sessions in order to maximise their learning).

Further information regarding the DDP training pathway can be found in advance at: www.ddpnetwork.org

Level Two places are strictly limited as per DDP training provider guidelines. Please register early to avoid disappointment.



Meet the Trainer: Dr Sian Phillips is a Psychologist in private practice in Kingston, Ontario. Since gaining her Ph.D. from the University of Toronto she has specialised in the assessment of childhood trauma and attachment difficulties, working with children and caregivers for the last 20 years. Sian is a former international board member of the DDP Institute, and as a certified DDP practitioner she accredits and trains professionals in the approach.

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Details:

- Tuesday 16 - Friday 19 November 2027: 9:00am - 4:00pm daily
- CHRISTCHURCH: Peppers Clearwater Resort, Clearwater Avenue
- $2,150 (inc GST). Includes catering, presentation notes, certificate and live Compass bookshop
- Contact the Compass Seminars team on 06 759 1647 or office@compass.ac.nz

3 Ways to Register:

www.compass.ac.nz

office@compass.ac.nz

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