

# Triple Trouble

## A Brain-Based Model for Working with Developmental Trauma

with Dr Jon Baylin



Compass Seminars is thrilled to announce a live broadcast webinar with the highly regarded US clinical psychologist, author, and speaker Dr. Jon Baylin.

For the past 25 years, Dr. Baylin has been studying the neuroscience of developmental trauma while continuing his clinical work with traumatized children and their families. In this webinar he will present his current model for understanding the multiple impacts of early life adversity on a child's development and his integrative approach to treatment and recovery.

'Triple Trouble' refers to a child's loss of a sense of safety, fragmentation of the sense of self, and suppression of a sense of hope for the future which result from experiences of early life adversity and/or trauma.

Dr. Baylin will explore each of these developmental processes and discuss how such experience impacts brain development and functioning. He will then shift the focus to exploring a collection of promising contemporary interventions which are thought to have a role in "resetting" the balance of core brain networks to support recovery.

**Some of the interventions that will be covered in this discussion include:**

- Neuromodulation (new approaches to neurofeedback)
- Relational Interventions (including Dyadic Developmental Practice)
- "Interstate Travel" (different stages of openness) and the Polyvagal Model for 'anchoring' (how it connects to emotion regulation and state shifting)
- Resilience or GRIT Training: Shifting from 'fast and furious' reactivity to 'slow and curious' brain processes that access higher brain regions.
- Newer developments in medication

Dr Baylin will also share ideas on how to work with parents and caregivers who are suffering from compassion fatigue and how to overcome blocked care to better support children and young people. Participants will have the opportunity to submit questions to draw on Jon's knowledge as he delivers this presentation live from the USA.



**Jon Baylin Ph. D** received his doctorate in clinical psychology from Peabody College of Vanderbilt University in 1981. He has been working in the mental health field for 35 years. For the past fifteen years, while continuing his clinical practice, he has immersed himself in the study of neurobiology and in teaching practitioners and educators about the brain. Dr. Baylin regularly collaborates with Daniel Hughes and together they co-authored the popular books, 'Brain Based Parenting' and 'The Neurobiology of Attachment-focused Therapy'. If you have been fortunate enough to hear Jon speak before, you will know that this is an opportunity not to be missed.

### Webinar Details:

- ⌚ Wednesday 3rd July 2024
- ✉️ Delivered via Live Webinar (the webinar link will be emailed to you prior to the day)
- 🕒 9:00am - 3:00pm
- 💲 \$240 (incl. GST). Price includes presentation notes
- 👤 Contact the Compass Seminars team on 06 7591947 or office@compass.ac.nz

### 3 Ways to Register:

[www.compass.ac.nz](http://www.compass.ac.nz)

[office@compass.ac.nz](mailto:office@compass.ac.nz)



Scan Me