

Dyadic Developmental Psychotherapy Level 2 Training with Hannah Sun-Reid



This four-day (28 hour) Level 2 Dyadic Developmental Psychotherapy (DDP) training further develops the Level 1 DDP material Compass Seminars offered over the last few years with Hannah Sun-Reid and Dr Sian Phillips and is the final workshop component required before participants are eligible to apply to become certified as a Dyadic Developmental Practitioner. This training is open to anyone who has completed Level 1 DDP training and will be of particular interest to professionals who support children and young people who have experienced developmental trauma (social workers, psychologists, residential workers, psychiatrists, carers, and other related professionals).

DDP is based on and brings together attachment theory, what we understand about developmental trauma, the neurobiology of trauma, attachment and caregiving, intersubjectivity theory and child development. It focuses on facilitating the child's readiness and ability to establish a secure attachment with their caregivers and is family-based. It is called Dyadic Developmental Psychotherapy both to focus attention on the importance of reciprocity in parenting, caregiving and therapy, but also to draw attention to the fact that abuse, neglect and trauma can seriously impact on the child's development.

Core components of this Level 2 programme will include:

1. Building on the foundation knowledge gained in Level 1, including:

- The evidence base behind DDP and the latest neuropsychological research relating to attachment and caregiving behaviours.
- Establishing and maintaining a therapeutic alliance with parents, caregivers and other involved professionals.
- The main similarities and differences between attachment-focused treatment and other treatment models.
- The key components of attachment-focused supervision and training.

2. Further developing the foundation skills taught in Level 1, including:

- The opportunity to reflect and receive feedback on practice since the Level 1 training.
- Role play with feedback from Hannah.
- Discussion and supervision in small group forums.
- Small group work around attachment histories of the therapists.
- Reviewing and reflecting on actual recordings of therapeutic sessions (this will include Hannah's recordings but participants are also encouraged to bring recordings of their own DDP sessions in order to maximise their learning).

At the end of the course, participants are eligible to apply to become certified as a Dyadic Developmental Practitioner. Hannah will outline this process at the end of the training although detailed information can be found in advance at: www.ddpnetwork.org

Places are strictly limited. We encourage you to register early to avoid disappointment.



Hannah Sun-Reid is a Registered Psychotherapist from Ontario Canada. She is certified as a practitioner/therapist, supervisor and trainer in DDP, Play Therapy and Theraplay. Hannah has more than 30 years of experience working with children and families who experience life challenges including developmental and emotional difficulties, trauma and loss. Hannah provides supervision and consultation to therapists and organisations and conducts training workshops nationally and internationally. Additionally, Hannah is an author of children's books and therapeutic games.

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Seminar Details:

- Monday 20th October 2025 - Thursday 23rd October 2025 9:00am - 4:00pm
- The Parnell, 10/20 Gladstone Road, Parnell, AUCKLAND
- \$2390 (incl. GST). Price includes lunch and tea break catering and presentation notes
- Contact the Compass Seminars team on 06 759 1647 or office@compass.ac.nz

3 Ways to Register:

www.compass.ac.nz

office@compass.ac.nz



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