

# Relational Trauma

Reducing the impact through reciprocal inter-subjective experiences



A live webinar broadcast with Dan Hughes, Ph.D.

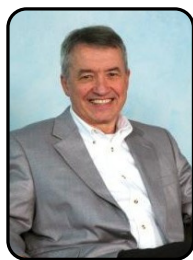
Compass Seminars is delighted to announce a webinar with influential US psychologist, author, and speaker Dr Dan Hughes. Dan developed Dyadic Developmental Psychotherapy, Parenting, and Practice (DDP) for professionals and families who care for young people who have experienced relational trauma and have resulting difficulties in their neurological, affective, cognitive, and behavioural development.

Relational trauma impedes development by causing us to mistrust relationships, depriving us of experiences of intersubjectivity, comfort and joy. When we restrict ourselves to solitary experiences, rather than relational experiences due to trauma, what is meaningful in our life is likely to be fragmented and lacking in depth, while being embedded in shame and fear.

In this one-off live broadcast webinar, Dan will explore how open and engaged reciprocal conversations enable us to experience a coherent narrative needed for our development, both through and within relationships at all ages.

Specifically, Dan will explore the relational attitude of PACE and show how it is highly beneficial for both healing relational trauma and developing a sense of self based on safety and psychological discoveries. PACE is an experiential and reflective attachment-focused style of intervention which is characterised by playfulness, acceptance, curiosity, and empathy, in which strengths and vulnerabilities, reciprocity and conflict are all understood and accepted. PACE assists to establish attuned states which allows for the safe exploration of past traumas and current behaviours.

This webinar will be of particular interest to therapists and professionals working with families, parents (adoptive, foster or kinship), and caregivers of traumatized children displaying attachment and relationship difficulties. Participants will have the opportunity to submit questions to draw on Dan's knowledge as he delivers his presentation live from the USA.



**If you have been fortunate enough to hear Dan speak before, you will know this is an opportunity not to be missed.**

## Webinar Details:

- Friday 8th March 2024 9:00am - 3:00pm
- Delivered via Live Webinar (The webinar link will be emailed to you prior to the day)
- \$240 (incl. GST). Price includes downloadable presentation notes
- Contact the Compass Seminars team on 06 7591647 or [office@compass.ac.nz](mailto:office@compass.ac.nz)

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