

DYADIC DEVELOPMENTAL PSYCHOTHERAPY

Level 2 Training
with Dr Sian Phillips



This four-day (28 hour) Level 2 Dyadic Developmental Psychotherapy (DDP) training further develops the Level 1 DDP material Compass Seminars offered over the last few years with Hannah Sun-Reid and Dr Sian Phillips and is the final workshop component required before participants are eligible to apply to become certified as a Dyadic Developmental Practitioner. This training is open to anyone who has completed Level 1 DDP training and will be of particular interest to professionals who support children and young people who have experienced developmental trauma (social workers, psychologists, residential workers, psychiatrists, carers, and other related professionals).

Sian Phillips is a Psychologist in private practice in Kingston, Ontario. Since gaining her Ph.D. from the University of Toronto she has specialized in the assessment of childhood trauma and attachment difficulties, working with children and caregivers for the last 20 years. Sian was formerly an international board member of the Dyadic Developmental Psychotherapy Institute, and is a certified DDP Practitioner who accredits and trains professionals in the approach. DDP is based on and brings together attachment theory, what we understand about developmental trauma, the neurobiology of trauma, attachment and caregiving, intersubjectivity theory and child development. It focuses on facilitating the child's readiness and ability to establish a secure attachment with their caregivers and is family-based. It is called Dyadic Developmental Psychotherapy both to focus attention on the importance of reciprocity in parenting, caregiving and therapy, but also to draw attention to the fact that abuse, neglect and trauma can seriously impact on the child's development.

Core components of this Level 2 programme will include:

1. Building on the foundation knowledge gained in Level 1, including:

- The evidence base behind DDP and the latest neuropsychological research relating to attachment and caregiving behaviours.
- Establishing and maintaining a therapeutic alliance with parents, caregivers and other involved professionals.
- The main similarities and differences between attachment-focused treatment and other treatment models.
- The key components of attachment-focused supervision and training.

2. Further developing the foundation skills taught in Level 1, including:

- The opportunity to reflect and receive feedback on practice since the Level 1 training.
- Role play with feedback from Sian.
- Discussion and supervision in small group forums.
- Small group work around attachment histories of the therapists.
- Reviewing and reflecting on actual recordings of therapeutic sessions (this will include Sian's recordings but participants are also encouraged to bring recordings of their own DDP sessions in order to maximise their learning).

At the end of the course, participants are eligible to apply to become certified as a Dyadic Developmental Practitioner. Sian will outline this process at the end of the training although detailed information can be found in advance at: www.ddpnetwork.org

Places are strictly limited. We encourage you to register early to avoid disappointment.

Seminar Details:

- 📅 Monday 19th February 2024 - Thursday 22nd February 2024. 9.00am - 4.00pm each day
- 📍 Commodore Hotel, 449 Memorial Avenue, Christchurch
- 💰 \$2,390 (incl. GST) Price includes lunch, tea break catering and presentation notes Contact
- ❓ the Compass Seminars team on 06 7591947 or office@compass.ac.nz

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