

Supervision

Building Strengths, Developing Competencies

A Two Day Workshop
with Michael Durrant



The role of Supervisor is often thrust upon senior clinicians, managers and team leaders in human service agencies, often without a lot of consultation, training or support. The supervisor's role is critical to the successful functioning of any agency so it is important that supervisors practice according to a framework that is grounded in best practice research. According to The Gallup Organisation, the most effective supervisors and managers direct 80% of their focus on their supervisees' strengths and only 20% of their focus on areas of problem, deficit or difficulty that need attention. This finding (which goes against many traditional attitudes to supervision) is in keeping with the rise of "strengths-based practice" as a popular approach in service delivery. However, few supervisors have systematic, effective, user-friendly tools for helping those whom they supervise harness strengths and use these to build increased confidence and competence.

This two day training will explore how a strengths-based philosophy can be extended into and utilised by those in supervisory roles to provide focused supervision that not only leads to better and safer practice, but also improves job satisfaction and agency culture as a result. Participants will learn practical methods for working with staff in ways that enhance their sense of competence and effectiveness.

Some of the areas Michael will cover include:

- How to have supervisory conversations that encourage supervisees to reflect on their work with clients in a way that uncovers new ideas and builds hope.
- Moving the focus of supervision towards discussing successes with clients and how this approach can assist supervisees to discover new ways forward with their more challenging clients.
- The role of supervisor as consultant rather than teacher and examples of how this works in practice.
- The importance of considering our own assumptions about the supervision process and how these will shape our supervisory practice (both positively and negatively).
- An overview of current supervision and management literature and how this knowledge translates into practice in the human services sector.
- How strengths-based supervision is about much more than just "being positive" and still considers the realities of child protection risk and other legal and ethical imperatives.



Michael Durrant is the director of the Brief Therapy Institute in Sydney and previously a faculty member in Education and Social Work at the University of Sydney. A Psychologist and an author with an international reputation in Solution-Focused Brief Therapy. Michael consults with agencies and teams in Australia and overseas and has presented more than 800 professional training workshops throughout the world. His vast knowledge of this subject combined with his engaging presentation style ensure that this is a program not to be missed for anybody wanting to gain a more in-depth understanding of this incredibly effective approach.

Seminar Details:

- 📅 Thursday 3rd April 2025 - Friday 4th April 2025
- 📍 Commodore Airport Hotel, 449 Memorial Avenue, Christchurch
- 💰 \$675.00 (incl. GST). Price includes downloadable presentation notes
- 📞 Contact the Compass Seminars team on 06 7591947 or office@compass.ac.nz

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