

Solution-Focused Brief Therapy

A One Day Advanced Masterclass

with Michael Durrant (Aus)

SFBT

Have you completed some Solution Focused Brief Therapy training in the past?

Maybe you are an experienced Solution-Focused practitioner wanting more?

Ready to take your Solution Focused skills to the next level?

This “follow-up”, or advanced, training will consolidate participants’ skills and familiarity with the Solution-Focused approach. It will take the form of a “masterclass.” The focus will be on working with participants’ actual clinical experiences with the approach, and the emphasis will be on skills practice.

There will be little further didactic component to this training; however, it will be centred around the experiences – positive and negative – participants have had with the Solution-Focused approach in their work. Participants will be given two or three broad questions in advance to assist them to bring to the training real case examples from their work where they have used the approach – both when it has worked and when they have become “stuck”.

Building on participants’ own experiences, the training will help them enhance their Solution-Focused conversations, refine their questions, and help clients describe and reach their preferred future. There will be an emphasis on crafting conversations that build a detailed description of the preferred future (the so-called “SFBT 2.0”) and how to then respond to this. There will be some additional video examples of actual therapy sessions, and participants will be encouraged to observe and analyse the therapists’ use of language in these examples.

This course has been specifically curated for those people who have done the “introductory”, three-day Solution-Focused training with Michael. If you wish to come to this course and have NOT completed the three-day Solution-Focused training with Michael, please email the Compass office with an outline of the Solution-Focused training you have received.

As this is an “advanced” course and will be highly interactive, places are strictly limited.

Stay current, stay confident: advanced SFBT for today’s challenges



Michael Durrant is the director of the Brief Therapy Institute in Sydney and previously a faculty member in Education and Social Work at the University of Sydney. A Psychologist and an author with an international reputation in Solution-Focused Brief Therapy. He is the ONLY trainer in Solution-Focused work in New Zealand who worked personally with the founders of the approach.

Michael consults with agencies and teams in Australia and overseas and has presented more than 800 professional training workshops throughout the world. His vast knowledge of this subject combined with his engaging presentation style ensure that this is a program not to be missed for anybody wanting to gain a more in-depth understanding of this incredibly effective approach.

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Seminar Details:

- 📅 **AUCKLAND** 7 May 2026 | Naumi Auckland Airport Hotel, 153 Kirkbride Road, Māngere
- 📅 **CHRISTCHURCH** 8 May 2026 | Peppers Christchurch Clearwater Resort, Clearwater Ave
- 📅 **WELLINGTON** 11 May 2026 | The Movenpick Hotel, 345 The Terrace, Te Aro
- 🕒 9.00 - 4.00pm
- 💰 \$325 (inc GST). Includes full catering, presentation notes, attendance certificate and live bookstore
- 📞 Contact the Compass Seminars team on 06 759 1647 or office@compass.ac.nz

3 Ways to Register:

 www.compass.ac.nz

 office@compass.ac.nz



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